



# Newsletter



Greeting Waterloo Tennis Club Members.

It's been a wonderful and busy winter season which has come to a close and I would like to welcome all new and long standing summer players back to the club for another year of social and competitive

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## President's Message

tennis. It's great to see the young and young at heart members adjusting to playing on the clay courts and soaking in the atmosphere. The warm weather really seems to get people out of their winter slumber and into the excitement of a new summer season.

In my last address, I touched on the board's focus on safeguarding the long term success of the club. I wanted to give you a quick update on what we have done to move toward this. Some of you may have noticed that the lighting inside the bubble has been upgraded to LED. This investment will pay for itself inside a year with bulbs that have a 15+ year lifespan and a significant reduction in electricity consumption. This is a big deal for lights that are on 14+ hours a day every day of the year. Those that have taken the time to look up have noticed a brighter, cleaner looking bubble as the lighting has a consistent and whiter glow. The board has also set aside a separate reserve fund for our long term capital expenditures which we know are coming.

These changes may not make a difference to your day to day tennis activities, but the board has also considered a number of

changes through the voices of its members. We conducted a club wide survey early in the year and I am highly encouraged that nearly 100 members responded to our questions. The information is valuable to us in helping determine the types of changes needed to make the WTC a better community where everyone feels they are getting real value for their membership.

We are very fortunate to have a wonderful club nestled amongst the backdrop of our Waterloo Park. Both the City of Waterloo and the University of Waterloo contribute land and resources to support our tennis addiction. The board continues to focus on making sure we act responsibly while making sure that our growing membership feels welcome and supported.

This club is our club, and if you feel you can help contribute to growth, success and governance of the club, please reach out to me at [board@waterlootennis.com](mailto:board@waterlootennis.com) with any of your questions, thoughts or even if you have an interest in joining the board this fall.

**Bill Sherifali**  
President  
[board@waterlootennis.com](mailto:board@waterlootennis.com)



# Newsletter

## Manager's Message



The draw is out for the Wimbledon Championships. This means that there will be some sleep deprived members as we wake up early to follow our favourite players.

My passion for not just playing but watching tennis was turned up a notch after my husband

and I got to enjoy the Mutua Madrid Open in Spain in May.

The club's summer season got off to a smashing start with our Opening Day featuring the OTA's Smash Cage, clinics by coaches Gary and Mike and a free bbq lunch.

We've had a couple of successful social and competitive events already this season. Thanks to staff and volunteers for ensuring these ran so smoothly.

Our competitive club teams are in full swing with their leagues. Check the calendar on the

website or the club to see when they are playing home matches and come cheer them on.

The Singles Club championships will be starting soon and will run throughout the summer. All other club championships will be held as weekend events. The finals of all the tournaments will be held on our Finals Day on Sept 15.

I hope each and every one of you enjoys your tennis at the club this summer.

**Helen McArdle**  
Manager  
[helen@waterlootennis.com](mailto:helen@waterlootennis.com)



## Summer Time... and the tennis is... outdoors

It's finally summer!



The season that all northern tennis players live for. A time for getting out of the bubble and into the elements (clay court bounces, wind, sun, rain...). The season of Nadal winning another French Open title (his eleventh... amazing!). The sacred fortnight of Wimbledon is coming up in July along with the Club's Breakfast at Wimbledon followed by the "Whites & Woodies" Social Round Robin (strawberries and cream, Pimms and lemonade, Mike Ratcliff and classic tennis).

## COACH'S CORNER

With  
Gary Winter  
Head Tennis Pro

I think of the indoor season as the time to train; the off-season, where you go back to the drawing board to design and build your game (i.e. take lessons to develop your skills; more topspin on the forehand, more solid volleys, a more dependable serve, more effective tactics in doubles and singles, etc). It's the time to put in the hard work. It's a time to hit thousands of balls in order to build your endurance (physically and mentally) and refine your precision.

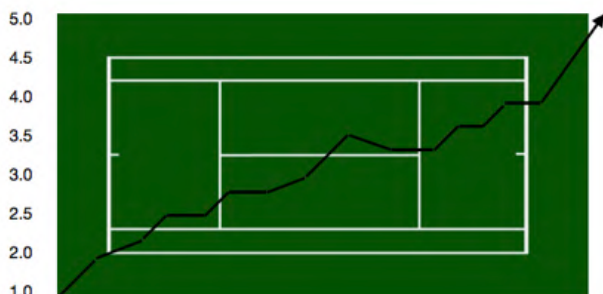


The indoor conditions are perfect for learning, or as close to perfect as they will get with a predictable hardcourt bounce, no sun (but certainly some blinding spots), sometimes wind blowing the lights around and sometimes the sound of rain or even snow sliding off the bubble.

So after all your indoor training, when you get outside you can just play. What do you mean? Aren't we always "playing?" Well, yes, but there comes a point where you want to feel like you can just run around and hit the ball and not over-think what you are doing. Just play. Just get the ball over the net and inside the lines.

### The Learning Journey

The learning process in tennis is not always so straight ahead. There are many skills that need to come together in order to climb the ratings ladder. The progress might look something like this:



The journey from 1.0 (novice) to 5.0 (Advanced) on the Play Rating scale is not always a linear one. The X axis is the amount of time it takes. This is the unknown factor. How long it takes depends on many factors, hard work being one of them. Taking lessons and practicing is the best approach.

**Beginner's**



**Mind**

"In the beginner's mind there are many possibilities..."

Anyone who wants to get better than they are is essentially a beginner as the next level is uncharted territory even for an advanced player.



It was great to spend time with Global TV sports and weather reporter Mike Arsenault. Mike used to play semi-pro baseball (pitcher) in London, ON. He is documenting his journey playing competitive tennis in OTA sanctioned tournaments. He stopped by the club in April for a serving lesson. Here's a link to his report on his lesson:

<https://globalnews.ca/news/4204550/second-serve-tournament-final/>

This is one of the drills I had Mike do in order to isolate his toss and contact. Having appropriate constraints helps to focus your efforts on what matters. The kinetic chain is made up of a series of links. As much as the movements will ultimately flow together, it





is helpful to be able to break them down into key positions. The serve can be the most complex stroke in the game. The chain is only as strong as the weakest link.

As a professional coach, I make a point of attending workshops and seminars to keep certified and to keep up with my own learning.



Here's a few places I've recently been and people I've met on my journey.

With Tennis Canada's National Fitness Coach Andre Parent at Aviva's Centre Court for a workshop in April.



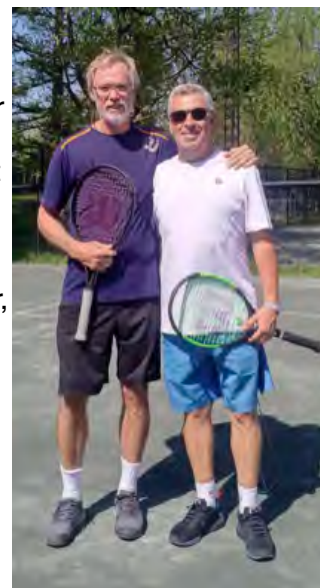
With WTA tour Coach Sam Sumyk at the TPA National Conference

Sam is currently coaching Garbine Muguruza and has worked with Eugenie Bouchard and Victoria Azarenka. One of his topics was the priorities for technical development and tactical essentials in today's game. He emphasized training every player as though they are going to be number one. He also said how essential it is to know how to constructively take a player out of their comfort zone by creating instability and variability (i.e. like how a tennis match is played) in order to push them to the next level.



Italian coach Luca Appino recently visited WTC. He was here to follow up with some players in Ontario he is coaching, including Aldiana Lazoja. As well, he was here to scout new players for his Tennis Talents program. He

spent lots of time on court with the club's Elite players. It was an amazing opportunity for them to learn from a coach who knows what it takes to become an international level player. His main message is "One player, One Family, One Project. Luca is a very experienced and engaging coach. He was the Babolat representative who signed Rafael Nadal to Babolat racquets, among other top players. (however, check out the racquet Luca is playing with now). I had the chance to talk with Luca at length and thoroughly enjoyed our conversations. I will be including material from my interview with Luca in upcoming Coach's Corners.



### On a final note

I find that trying new activities help me to stay in touch with the awkward and uncomfortable feelings of trying new things (i.e. a beginner). In this way I can keep relating to how students might be feeling in lessons. It's easy to lose touch with that "uncomfortable" feeling of not being able to do something when you yourself are pretty comfortable with it. Pilates has been an educational experience. The deliberate and precise approach feels very similar to how to how I coach tennis. A seemingly simple movement can be made more challenging when you focus on proper technique (i.e. engaging your core). Perfect for tennis players. The fun is in the challenge. I'd recommend it.



Have a great summer!

**Gary Winter**  
Head Pro  
[gary@waterlootennis.com](mailto:gary@waterlootennis.com)



## Survey Says.....

I would like to first thank everyone who took a few minutes out of their day to provide us feedback on the club survey. We received an approximate 25% response rate, which is incredible and definitely shows that we have an engaged membership that cares about our Tennis Club. The results of all the multiple choice survey questions will soon be posted in the club for everyone to see and I want to thank everyone that took the time to provide additional comments and included their contact information for volunteer work. For anyone else interested in volunteering at the club, please touch base with our Manager Helen McArdle directly.

So where did the club do well? First and foremost, we received very positive feedback and results on the Club Staff and the Club Pro's. These individuals dedicate their time and energy into ensuring that the club is a welcoming, clean and enjoyable place to be. Their smiles, knowledge and friendly demeanor is a true luxury at our club which we should all be proud of. We also received some positive feedback on our newsletters and club hours.

Our Top 3 positive scores (out of 5)

Question	Score
How satisfied are you with the friendliness of the club staff?	4.44
How satisfied are you with the current hours of the club?	4.34
How satisfied are you with the responsiveness of club staff?	4.28

What needs to be improved? It was great to see the direct feedback from everyone on where the club could do better. Two areas specifically are the Club Championships and availability of court time which received a lot of attention and subsequently some mixed thoughts on the locker room conditions. With this in mind, the board had taken some time to try and address these items.

Our Top 3 areas to improve on (out of 5)

Question	Score
How satisfied are you with the 2017 Summer Club Championships?	2.71
How satisfied are you with the current availability of courts?	2.99
How satisfied are you with the Men's locker room (if you are male)?	3.12

The new format of the Club Championship received both very positive and negative feedback. With an equal split on how to proceed.

Format	Votes
Current - Singles & Doubles spread over summer	10
Return to old format on weekends	12
Singles spread over summer and Doubles in weekend format	11

Based on your feedback, we have made some adjustments for the summer to run the doubles tournaments over a single weekend and continue to run the singles in its current format over the summer. The finals for the doubles will still be played on Champions Weekend at the end of the summer along with all our other championship matches. Our hope is that this brings a greater balance for the club championship matches throughout the year.

Court time was also identified as a significant issue that the club needs to resolve. Our growing membership has put increasing strains on our courts through our prime time hours. The board has put careful consideration into court availability and made some very difficult decisions pertaining to this. This includes the elimination of pre-booked courts, adjustments to the round robin programs to reach a broader membership and the reductions of some lesson programs. The end result will be a notable increase in bookable court time (50+ hours) through the winter prime time schedule. We understand that these decisions are not a positive change for all members and we will explore the implementation of additional club run programs to close any significant gaps created by these decisions. Ultimately, the board does view this as positive adjustment since it will present greater opportunities for the full membership to book court time and address one of the top issues brought to our attention through the survey.

If you have questions about any of the survey results and additional feedback that you believe the board should consider, please feel free to reach out to me at [board@waterlootennis.com](mailto:board@waterlootennis.com)

*Bill Sherifali, President*

# WINTER ACTIVITIES

## CHRISTMAS MIX & MINGLE

Club members took a break from Christmas shopping and came out to play some free tennis. Every 20 mins or so, players switched partners so they got to meet lots of different members. Following the tennis some delicious hors d'oeuvres were served in the lounge for players and other club members who joined just for the "Mingle".



Some of the club members that came out to play.

## Century Mixed Doubles Tournament

Our "G'day Mate" Century Mixed Doubles tournament saw 32 members compete. They were inspired by the lone Canadian Gaby Dabrowski who was still in the Australian Open in Mixed Doubles and ended up winning it! The combined ages of each team had to be 100+ which made for some interesting matchups. Sue & Chris Kitchen played Marina & Shaman Seth in a closely fought final. The Kitchens squeaked out a 5-4 victory.



L-R: Finalists:Shaman & Marina Seth

Champions: Sue & Chris Kitchen

January 21, 2018

## Spring into Summer Mixer

April 26, 2018



Ready to play!



Social time.



Fiorella Benini won the draw prize of a private lesson donated by Mike Ratcliff



# Winter Tournament Finals Day

April 22, 2018



**Women's Doubles "A"**

**L-R: Aldiana Lazoja & Stephanie Jordan (champions),  
Michelle Rogers & Marina Seth (finalists)**



**Women's Doubles "B"**

**L-R: Melisa Sandrock & Rosemary Erb (finalists),  
Pat Craton & Helen McArdle (champions)**



**Men's Doubles "A"**

**L-R: Saifullah Shoaib & Joe Tran (finalists)  
Neil Felder & Alex Siuda (champions)**



**Men's Doubles "B"**

**L-R: Markus Lenizky & Louis Liu (champions)  
Victor Kteily & Scott Kirkwood (finalists)**



**Mixed Doubles "A"**

**L-R: Joe Tran & Aldiana Lazoja (finalists)  
Helen McArdle & Neil Felder (champions)**



**Mixed Doubles "B"**

**L-R: Markus Lenizky & Stephanie Jordan (finalists)  
Tina Niu & Louis Liu (champions)**

# Spring Ladder Results

## Box 1

Players	Matches Played	Match Points
Potapenko, Stanislav	5	15
Eys, Mark	5	14
Decsei, Adrian	4	13
Tran, Kevin	4	9
Vuong, Hiep	3	6
Rogers, Michelle	5	6
Li, Michael	0	0

## Box 4

Players	Matches Played	Match Points
Gagnon, Remi	1	4
O'Reilly, Matt	1	1
Stojanovic, Miroslav	0	0
Paleti, Hemanth	0	0
Haggarty, Ryan	0	0
Li, Bea	0	0
Sherifali, Bill	0	0

## Box 2

Players	Matches Played	Match Points
John, David	4	16
Garcia, Suzette	4	10
Page, Allan	3	6
Sherifali, Diana	2	5
Kofman, Violeta	2	2
Trites-Beal, Bonnie	1	1
Reed, Adam	0	0

## Box 5

Players	Matches Played	Match Points
Kirkwood, Scott	2	8
Lenizky, Markus	2	5
Jadwani, Harendra (Harry)	2	2
Krivocheiko, Alex	0	0
Erb, Rosemary	0	0
Charko, Anton	0	0
Okuka, Marko	0	0

## Box 3

Players	Matches Played	Match Points
Rubio, Aaron	3	12
Rocha, Ulymar	1	1
Kofman, Jonathan	1	1
Sandroch, Melisa	1	1
Milijasevic, Steve	0	0
Metikos, Cedo	0	0

## Box 6

Players	Matches Played	Match Points
MacLean, Brittany	3	7
Rosner, Jodi	2	5
MacDonald, Susan	2	5
Hovius, Boyd	1	2
Dance, Chad	0	0

## SUMMER LADDER

Our summer singles ladder is up and running and already has about 50 players competing in it. We use the box ladder format to encourage more competitive and consistent play for all players. With this format, ladder participants will begin each session in a box consisting of five or more players of equal levels.

Within the session, players will arrange to play each of the other players within their box. At the end of the session, the top two players will move up a box and the bottom two players will move down a box. If you are interested in joining the ladder you can sign up on the club website. New players will be added at the start of the next session on August 16.



# SUMMER COMPETITION



**Mini Mixed Up Mixed Doubles  
Participants  
June 10, 2018**



**Great prizes for the Mini Mixed Up  
Mixed Doubles  
provided by the OTA to celebrate  
turning 100!**



**Waterloo Tennis Club's team who  
participated in the London Hunt  
Club's Century Challenge  
tournament. The team came in 2nd!  
June 10, 2018**



## MIXED DOUBLES TOURNAMENT

June 23, 2018



**A Draw**

**L to R: Alex Siuda & Stephanie Jordan (champions)  
Kim Hutt-Taylor & Marcel Rybensky (finalists)**



**B Draw**

**L to R: Shaman & Marina Seth (champions)  
John Lintzeris & Shalina Ruda (finalists)**



**C Draw Champions**

**L to R: Roxanne Chartrand & Taylor Iutzi**



**C Draw Finalists**

**L to R: Kelvin Hui & Nancy-Lee Ledgley**

## Inter-Urban League

Four clubs will be contesting in the Inter-Urban league this year – Northfield, Royal City in Guelph, Victoria Park in Cambridge and Waterloo.

League play started May 15 and runs to early August. Matches consist of two men and two women doubles followed by four mixed doubles. The WTC team has had a great start with six wins and one loss.

Spectators are encouraged to come out to watch and cheer on the team on game nights. The competitive tennis is sure to entertain. Matches are played Tuesdays starting at 7:15 p.m. Please check the IU schedule which is posted up on the bulletin board or the online booking system to see when the team is at home.

**Men's team:** Chris Edwards, Alan Farquhar, Neil Felder, Kelvin Hui, Bao Lam, Louis Liu, Tai Nyugen, Alex Siuda Reserves: Graham Snyder, Nobuki Matsui, Quentin Cheung, Ryan Hummel

**Women's team:** Martha D'Agostino, Suzanne Edwards, Shirley Fenton, Stephanie Jordan, Nancy-Lee Ledgley, Ann MacMillan, Helen McArdle, Michelle Rogers, Marina Seth Reserves: Carmen Miron, Rosemary Erb

## Seniors Interclub League

The Waterloo Tennis Club has once again entered a team into the Seniors Interclub League that originated a few years ago in Ancaster, Ontario. There are four teams in this league, Rosedale, Ancaster, Port Dover and Waterloo.

We hope you'll come out and cheer on the team when we play our home matches on Tuesdays at 10 am. Our first scheduled match is in Waterloo on June 6. More information about the league as well as the schedule can be found on the club website and on the bulletin board in the clubhouse.

If you're interested in joining the team please talk to one of the team captains.

Team list:

**Men:** Kim Catcher, Doug Caverly, Chris Edwards, Rudy Gatzke (captain), Andrew Gillard (assistant captain), Kelvin Hui, Harry Jadwani, Louis Liu, Martin Morris, Ed Palmer, Tony Pimenoff, Juan Roman, Graham Snyder, Peter Winocour and Rick Zilinskas.

**Ladies:** Pat Craton, Suzanne Edwards, Roberta Garcia, Nancy-Lee Ledgley, April Manahan, Carmen Miron, Joanne Raymond.



# Breakfast at Wimbledon

SATURDAY JULY 14th

8:30 am - 10:30 am

Breakfast  
\$7

Mixer  
\$5

Enjoy a delicious English  
Breakfast Buffet and  
watch the Wimbledon finals  
on our big screen

Woodies & Whites Mixer  
will follow the finals

Everyone must wear white!

Men will play with wooden racquets

\* PRIZES \*





# Waterloo Tennis Summer Training

**July 16th-20th / Aug 20th- 24th & 27th- 31st**

**9:00am–4:00pm**

**Total Price per week \$500 CDN**

**Private Lessons & Video Analysis available**

**Erik Pohls brings his energy once again for you.**

Coach Erik is excited to visit us once again here in Waterloo. Each time bringing his highly energized and informative coaching methods. Some of our players have gone to Florida to train him and experience his coaching. Others have even traveled as far as Europe with Erik. We invite those new to this experience to join in and share in the passion that Coach Erik brings to all players. Erik brings us his insight from coaching & giving workshops internationally. Not just relying on one pre-determined way to help a player solve an issue but rather connect & build a relationship with the individual to get a better sense of their game.



## SUNDAY JULY 22

Waterloo Tennis Club

Waterloo Park (Central St Entrance)

(519) 885-3920

Come cheer on our players as they compete against teams from area clubs in this exciting event!

Teams will be made of three pairs: Men's Doubles, Women's Doubles, Mixed Doubles. The combined age of each pair has equal or exceed 100 years.

Our thanks to club members, Ken Rae and Dennis Huss for sponsoring the event.



# McArdles in Madrid

This past month, my wife and club manager Helen and I set off to Spain on a tennis adventure. We were invited by our friend Tony Cho to attend the Mutua Madrid Open, and since we'd never been to Madrid and love tennis, we jumped on the opportunity. Tony's become a great friend of mine since we met many years ago when the WOW Challenger first came to Waterloo. He's on the road a lot as a WTA Tour Supervisor, but whenever he's home we manage to get out to hit some balls and enjoy a cold beer at the Waterloo Tennis Club. Our plan to go to Madrid and celebrate his birthday was conceived over a cold beer in the club lounge!

We arrived in Madrid early on Monday morning, and by early afternoon we were on site at "La Caja Mágica" (The Magic Box). It's an interesting facility. There are 3 stadium courts that have retractable roofs. Centre Court (called "Estadio Manolo Santana") is enormous. Our first match was at Court 2, named after Arantxa Sánchez Vicario.



This was a match we were really excited to see: Canada's (former) #1 Milos Raonic vs Nicolas Kicker (ARG). I was impressed with how well Milos moved for such a tall lad, and he prevailed 63, 62. His serve is really a sight to behold. We had our Canadian flag waving proudly during his match. It was interesting to see the things in a live event that you don't see on TV because of commercials. Helen's experience as Tournament Director of the WOW Challenger (Cooper Challenger) gave me an insight into the many details and requirements for running a tournament, even at the \$50k level. This being a combined WTA/ATP tournament obviously makes it huge. One thing that struck me right away was the court

maintenance. When the crews came out to sweep the courts, the lines were not cleaned off using the wheeled brush tool we have at the Waterloo Tennis Club. They used a broom! I suppose Europe still holds some traditions close to its heart.



Back at Centre Court, we readied ourselves for a battle. Novak Djokovic (SRB) played Kei Nishikori (JPN). The quality of the tennis we were seeing was spectacular. The points on this red clay were longer and more varied than anything we've seen on hard courts. And the sliding. Well, I'll get back to the sliding later.



Djokovic managed to beat Nishikori 75, 64, but it was a close match. Nishikori was a player I hadn't seen play before, but I'll be watching for him in future tournaments.

We'd seen a lot of great tennis on our first day in Madrid and capped the day off celebrating Tony's birthday with dinner at a great local restaurant called Sidrería TEITU. We knew it was going to be good when we found ourselves walking in right behind Carla Suarez Navarro!



# McArdles in Madrid

After a great dinner and conversation, we headed back to the hotel and after a nightcap called it a very successful day and night.

On Tuesday morning, we arrived at the site to watch Canada's newest tennis star Denis Shapovalov play Benoit Paire of France. Paire showed several moments of frustration as he struggled to respond to Shapo's play. I think our cheering him on must have helped, because he came out on top 75(6), 46, 64. He's a lot of fun to watch. That one-handed backhand of his is incredible. It's a lethal weapon!

We then watched Jack Sock play a set, and then headed back to Estadio Arantxa Sánchez Vicario to watch Carla Suarez Navarro take on 4th seeded Elina Svitolina of Ukraine. Clearly the food at the restaurant we shared with her worked out well, because she defeated Svitolina in a very emotional win.



The crowd support was incredible. And even after having a bad fall, she came back to win 26, 76(3), 64. Those are special moments in sport.

Next up was a big match. Milos Raonic against Gregor Dimitrov (BUL). These were two big hitters battling it out on clay. The lateral movements and the returns of what appear to be impossible shots make this such an exciting surface to enjoy. We cheered for our countryman with our Maple Leaf flag proudly flying, and Milos came out on top 75, 36, 63.

On Wednesday we arrived at the site in time to have lunch and do some shopping. The on-site shopping in the Magic Box was big. Helen and I wanted to get some clay tennis shoes now that the outdoor courts in Waterloo are open. And they'd make a great souvenir of the event. We took our seats at Centre Court and watched Djokovic lose to Kyle Edmunds (GBR) 63, 26, 63. But that wasn't the match we were excited about. We were awaiting the start of the match between Rafael Nadal (ESP) and Gael Monfils (FRA). We had watched Monfils on the practice courts earlier, and were close enough to really appreciate the pace players at this level put on the ball. Monfils is an entertaining player to watch because he has a sense of humour and usually engages with the crowd in a funny way.



But Nadal plays on clay at a different level. His lateral movements are hard to believe. He can get to almost any ball, no matter how fast or angled it is. And his sliding is magical. You can't help but be in awe watching someone play a game you love at such an advanced level right in front of you.

Nadal playing in Spain attracts a lot of celebrities. Lots of football (soccer) players from Real Madrid were in attendance. After Nadal dispatched Monfils 63, 61 we were about to head back to the hotel when Helen asked me to take a picture of her with some young blonde guy. Well it turns out that's Sasha Zverev, the #2 seed from Germany. Being a good husband, I took the photo, and then quickly started looking for a young blonde female tennis player to get a photo with. Sadly, I'm not as good as Helen at this game. But I did manage to get a photo with one of my Brazilian football heroes, Ronaldo.

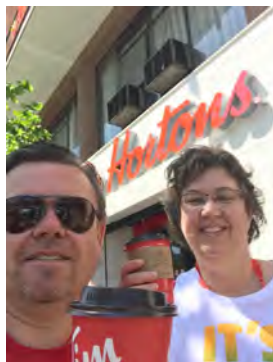
# McArdles in Madrid

As we left Centre Court, we discovered a women's double's match that had special significance to us. Two previous WOW Challenger champions were playing against each other. Johanna Konta (GBR) was playing against Gabriela Dabrowski (CAN). One of the things I'm most proud about the Waterloo Challenger is seeing the young girls who were just starting their careers at events like this. They've all sacrificed and worked incredibly hard to get here. And many don't make it.

Our final Wednesday match was Maria Sharipova (RUS) playing Kiki Bertens (NED). Kiki won in 3 sets, 46, 62, 63.

Thursday was going to be our final day at the Mutua Madrid Open, so we wanted to make the most of it. The main event for Thursday was the much-anticipated first meeting ever of Milos Raonic and Denis Shapovalov. Canadian versus Canadian. On Spanish red clay. An optimist would say we couldn't lose. A pessimist would say we can't win. We were very excited for this match.

We dressed in red and white, and took advantage of something that we couldn't believe until we saw it. There was a Tim Horton's right next to our hotel! So we decided that since this was such a big day for Canadian tennis, we should start our day with a Timmy's!



As we took our seats and proudly hung our Canadian flag, we decided we would cheer for either player when he hit a winner. That seemed fair. It seemed very Canadian. I couldn't predict who would win. Both players looked strong. Shapo did seem to be moving a bit faster and was hitting more winners during rallies, but it was going to be close.



It was an exciting match. We didn't want it to end, but like all good things, it did. Shapo came out on top 64, 64. We were thrilled for him. That win made him Canada's top ranked Canadian men's tennis player. And at 19 years of age he's only just getting started!

We knew this match was being followed closely back home, because Helen's phone lit up during the match when we appeared on TV. We weren't hard to spot!

Afterwards, we treated ourselves to a glass of celebratory champagne and were basking in the glow of a great week of tennis when all of a sudden, Shapo came walking out of the Player's Lounge and straight towards us. We were able to congratulate, toast and high-five him as he headed off for a shower. What an unexpected treat!



Our incredible tennis adventure in Madrid was coming to a close. But we had one more important goal on our list. We wanted to break our new clay shoes in on the red clay. Mission accomplished. We were now going to be able to bring a little bit of that magical red clay back to our home courts at the Waterloo Tennis Club.

And I'm going to start practicing my slides!

*Mark McArdle*

# NEW LIGHTS!

As many of you are aware we have recently upgraded the lighting inside the bubble. In this article I will explain the reason for the change, the options available and the results we captured.

## So why change the lights?

Our 1,000 watt Metal Halide lights are relatively cheap to purchase and provided a good source of light when new however they degraded quickly. The longer they were used, the more inconsistent the light source became. Metal Halide lights consumed much higher amounts of power than the new LED equivalents, they can pose a fire risk if they explode and they get extremely hot in addition they contain toxic elements such as mercury. While the initial cost of purchasing these bulbs was low, the maintenance costs and potential risks were high.

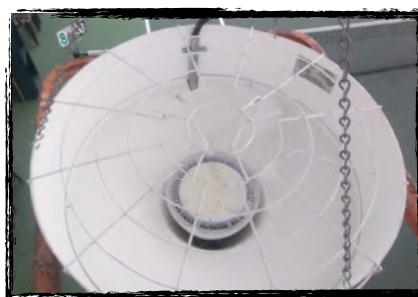


Old dirty fixture

## What lights did we change to?

We went with an LED bulb replacement, keeping the old fixtures, cabling and ballasts in place. This decision was largely based on the electrical infrastructure feeding the bubble. Upgrading to new fixtures would have required upgrades to the electrical infrastructure in the region of \$15,000. Also, the cost of the fixture versus the bulb replacement is almost 3 times at around \$1,000 versus \$400 per unit.

This option should outlast the life expectancy of the existing bubble, at which point we can review the latest technology and make upgrades that make sense.



New LED light

## What does it take to make these changes?

The additional weight of the new bulbs was a concern, under direction from Farley, the bubble manufacturers, we added additional supports to each fixture. Once the supports were completed new LED bulbs were installed on courts 7 and 8 to confirm that the light output, colour and spread was acceptable. After a successful trial the new bulbs were installed on courts 10 through 12.

We rented an elevated platform to change the bulbs, which allowed clean the inside of all our fixtures and remove old balls and broken glass.

This upgrade qualified for an energy rebate from our utility provider so all project costs, energy savings and old bulb recycling data have been carefully documented and submitted for approval.

## So what was the bottom line on the changes?

Before the upgrade, court lights needed almost 30-minutes to warm-up before full lighting was met. The new lights can be switched on moments before use. This further helps with energy consumption.

Based on the first few months hydro bills we have measured savings in the region of 11,500kWh and \$2,400 per month!

If there are any questions about on the project, you would like additional information or have any other energy management questions please feel free to ask me directly or send me an email.

**Bob Brackpool**

**Facilities Maintenance Manager**

**[bob@waterlootennis.com](mailto:bob@waterlootennis.com)**





**Family Day**  
**February 21, 2018**

# Junior News



## **March Break Camp**

Our thanks to coach Erik Pohls for visiting us from Florida and helping our Elite Juniors have a great March Break Camp!

## **High School Tennis Championships**

The following players that train at WTC competed in the junior WCSSAA tournament held in May.

Mikaela Tang - Champion Girls Singles, SJAM (Gold Program)

Sadie Wang - Runner up Girls Singles, WCI (Gold Program)

Lars McKenzie - Champion Boys Singles, Bluevale (Elite)

Caroline Li - Runner Up Mixed Doubles, WCI (Advanced)

Elina Ho - Champion Girls Doubles, WCI (Advanced)

Barry Zhang - Runner Up Boys Doubles (Advanced)

Sakshi Bhardwaj (Advanced)

Tejas Srikanth (Advanced)

A number of senior high school players that train at our club qualified in the Fall to compete at OFSAA in Toronto at the beginning of June: Khaled Khalaf, Victoria Nghiem, Youngwon Kim, Luke Young, Eduard Bosioc, Isaac Jean-Louis, Oscar Judelson-Kelly, Ivana Milisic.



L-R: Jessie Bauer & Sarah Helsby



L-R: Oscar Judelson-Kelly, Youngwon Kim, Luke Young, Khaled Khalaf

## Junior News

### OTA U9 TDC Cup

**March 24/25, 2018**

WTC entered three teams in the OTA TDC Cup for U9 boys and girls. The TDC Cup is open to clubs who are certified Tennis Canada Tennis Development Centres. Waterloo Tennis Club has been a certified TDC for six years.

Congratulations to WTC team players Dominik K. and Polina T. who won the Fairplay awards for their play on Saturday.

Thank you to Elite Coach Ned Lazoja who supervised the teams on Saturday and Head Pro Gary Winter who supervised on Sunday.



Coach Ned with most of the players.

### Where in the world is Coach Gary now?



Teaching tennis to a grade six class at Lester B. Pearson school in Waterloo.



Aldiana Lazoja  
Champion NAT U14 Provincial Circuit  
Niagara Academy of Tennis  
December 16/17, 2017

# Junior News



U14/18

Lena Eys, Lev Sherifali,  
Shaurya Santhosh, Vedant Gopal

## Tennis Rocks

June 2, 2018

The Waterloo Tennis Club sent two teams to Toronto to compete in the Ontario Tennis Association's Tennis Rocks Festival at the Aviva Centre. Once again a Waterloo team got to raise the trophy! Congrats to the whole team. Big thank you to coach, Ned Lazoja for all his hard work coaching the team.



U10/12

Coach Ned, Ilya Sherifali, Shimming He,  
Annabelle Ganesu, Dominik Kunalic

## OTA U9 Tournament Hosted at the Waterloo Tennis Club June 10, 2018



Participants with organizers and volunteers



WTC Players

L to R: Iulia Maria Dosa, Dominik Kunalic,  
Kyden Ho, Peter Nemeth



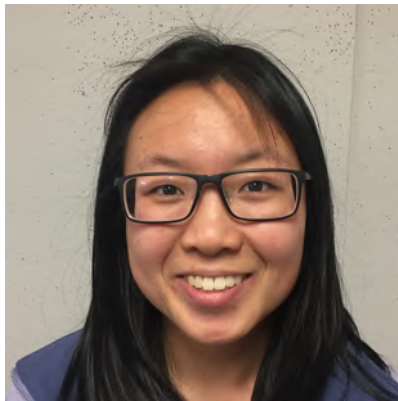
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# Newsletter

## SUMMER CALENDAR OF EVENTS

July 1<sup>st</sup> – start of Singles Club Championships (run throughout summer)

Saturday July 7<sup>th</sup>, 9am – Member Evaluation Session

July 6/7/8<sup>th</sup> – OTA Junior Tournament (indoors)

Saturday July 14<sup>th</sup> – Breakfast at Wimbledon followed by

Dress Whites & Woodies Social Round Robin

July 16 – 20<sup>th</sup> 9 am – 4 pm – Elite Summer Camp (two outdoor courts)

Sunday July 22<sup>nd</sup> – Century Invitational Tournament

presented by The RaeLipskie Partnership

Saturday Aug 4<sup>th</sup>, 9am – Member Evaluation Session

August 18-19<sup>th</sup> – Doubles Club Championships

August 19<sup>th</sup> – OTA Junior Tournament (indoors)

Aug 20 – 24 - Elite Summer Camp (2 Outdoor courts 1 – 4 pm)

Aug 27 – 31 - Elite Summer Camp (2 Outdoor courts 1 – 4 pm)

September 8-9<sup>th</sup> – Mixed Doubles Club Championships

Saturday September 15<sup>th</sup>, 9am – Member Evaluation Session

September 15<sup>th</sup> – Finals of Club Championships & End of Season Banquet

Thursday September 20<sup>th</sup> – Annual General Meeting