



Newsletter



President's Message

It's been some time since the last newsletter was published so many apologies to all, especially those who look forward to it as a means of knowing what's going on at the club. Here's hoping this issue will help bring you up to date.

This past fiscal year was the third consecutive year that the club realized a profit. This allowed us to have the means to pay for a number of hefty capital expenses such as new lights for the outdoor courts, refurbishment of the locker rooms and an HVAC unit to heat the indoor courts, to name the big ones. It's reassuring to know that the club continues to be stable

financially as more refurbishment and repairs to the facilities are needed. Club operations continue to improve also but this past year one area has been a concern, and that is the decline in numbers participating in club events.

Several successful events did take place but there were cancellations too. On the whole, there was less interest in planned events. Not only was this evident in tournaments and other combined tennis/social events, but also in the number of volunteers coming forward to have "many hands make light work." This lessening of volunteer activity is not restricted to WTC but a trend in society in general so there's some comfort in knowing we are not unique in this respect. Still, as a members-owned and operated organization, the Waterloo Tennis Club has always relied on an active membership to help with keeping costs down and to make it a lively and friendly place to play tennis. While it is understandable that priorities have changed and there is less free time for many, the club needs the support of its members, whether it's participating in an event or two, contributing ideas for improvement, or willing to lend a helping hand when one is needed. In return, we will seek to find ways to make the club a more exciting and rewarding place in which to spend your leisure time.

The Waterloo Tennis Club has been in existence for nearly a century and with the growing popularity of the game in Canada, thanks to the recent rise of several Canadians in the world rankings, it is even more of an asset than ever. Its value to the community lies in the fact that WTC is one of only two clubs in the region to have indoor courts, and the only one of the two

that allows non-members to take lessons and book courts. Tennis players, regardless of their level of play and expectations, can continue to play and enjoy the sport all year round here. The club, therefore, serves not just its members but also the larger community which includes the students of the nearby universities. With its 100th Anniversary coming up next year, more than ever the club needs the support and commitment of the membership and other well-wishers if it is to celebrate this considerable achievement with the panache and pride it deserves. We will be counting on all to make next year's celebration a success.

I normally include words of thanks to members who have volunteered their time or donated to the club in one form or another but will not do it here as a fuller word of appreciation is to be found elsewhere in this issue. However, as Chair of the Board, it would be remiss of me if I didn't mention the many volunteer hours the Directors have put in to keep the club on an even keel. I know only too well the amount of time that has been spent dealing with complicated issues and often coming to decisions using both head and heart. This has always been the strength of the WTC and let's hope this caring attitude and spirit of volunteerism continue for another century.

On behalf of us all, I would like to thank WTC Manager, Helen McArdle, the staff and coaches for their continuing efforts and contributions to the stability and success of the club. Best wishes to all for a healthy and happy season of indoor tennis.

Pat Craton

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Newsletter



Manager's Message

In this month when we Canadians take a day to give thanks, I would like to do the same in this article. As I approach two years on the job, I am grateful to the board for their confidence in hiring me and for supporting me through some challenging times.

This summer the courts were kept in shape by our staff including club member, Gord Thiel who agreed to come in early every week to roll the courts as needed. I'm sure that those members who play at night have also appreciated that all the lights were working for the entire season.

As a member, I'm grateful that I have an updated change room to get ready in and a warm bubble when I go out to play. I'm also happy that I know when it's time to go into the bubble due to the new chime that goes off in the clubhouse. I know when I'm playing it's nice that I'm not interrupted by players walking on to the courts before the buzzer goes.

I am grateful for the friendly front desk staff who greet everyone as they come in,

process your payments, serve drinks when needed and make sure that the clubhouse is clean and tidy for you. I know that they appreciate when members understand that they must follow the rules of the club so that all members continue to enjoy playing here and to ensure that the club gets paid for all court time, lessons and products used.

Every day I think how lucky we are to have coaches that continue to grow this wonderful game of ours by introducing juniors and adults through our group lessons. Kye Allen, Manny Castillo, Mike Ratcliff, Robert Rotaru and Gary Winter are also available to teach private, semi-private or group lessons to members on request. Why not try them out at our next event, the Pro-Am Mixer on Friday November 21st from 7 to 9 pm?

We have been fortunate in that club member, Chris Krokoszynski has stepped into the Facilities Maintenance Manager role at the club to ensure that we can continue to improve and maintain the club. Please continue to use the maintenance request form at the front desk if you see something that needs to be fixed.

One of the things I am most thankful for is the small but

dedicated group of volunteers who help out the club in so many ways. First and foremost is the board of directors: Pat Craton, Mary Ruehlicke, Mike Nghiem, Suzanne Edwards, David Buchanan, Rudy Gatzke, Lisa Hoffman & Ryan Hummel along with former board member, Adam Arnott. This summer Christel & Guido Weber once again made sure that the hanging baskets and flower beds around the club were taken care of. Yvonne Pezzack also helped them out as needed. During our fall cleanup, six club members were able to come out to clear the weeds around the bubble: Mary Liz Hearn, Janine Heider, Gord Thiel, Mike Putnam, Noel Grange and myself. This week a crew will be out helping Chris pull up the lines and store them for the winter. So in advance I'd like to thank all of those who come out. In July and August, nine juniors volunteered to help out with our summer camps: Ryan, Nick, Victoria, Stephen, Jessie, Kristian, Daniel, Olivia and Terry. Mary Liz Hearn has continued to work tirelessly to document the history of the club since it's inception almost 100 years ago. A former member John Pezzack is currently helping her gather the information. The club applied for a Trillium grant this year and Paul Voisin was very helpful in arranging for companies to come in to give

Manager's Message (cont'd)

estimates for the projects we were asking for funding.

I would also like to acknowledge and thank those members who donated to the club. This year the Vietnamese Tennis Group once again donated \$500 to the club. Adele Witko purchased the hanging baskets that decorated the club this summer. Christel & Guido Weber donated a freezer they no longer

needed. Chris Edwards from Courts Plus sponsored our first tournament of the year and donated all the prizes for it. Minh Lam donated \$500 in gift certificates to his jewellery store MT Jewellers for the winners of the club's doubles championships.

I would also like to thank all of you, our members, for without you this club would not exist. I appreciate your understanding

and support when we change things to make the club better for you. I'm also really grateful that so many of you remember what it was like when you first joined and are now welcoming new members both into the club and your groups.

Helen McArdle
Manager
helen@waterlootennis.com



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COACH'S CORNER

With
Gary Winter
Head Tennis Pro

Mindfulness has become a popular trend in our desire to find some balance in our hyper-distracted culture. Is mindfulness a passing fad or will it have staying power? How does mindfulness help your tennis game?

The seemingly simple challenge of playing tennis (get the ball to go over the net and stay in the lines) calls for a constant diligence in focus or even the easiest of shots can be missed. In my mind :), mindfulness is one of the most essential, and easily accessed, ingredients to improving your tennis game.

How do you practice Mindfulness?

A recent Time magazine article stated, "Though meditation is considered an essential means to achieving mindfulness, the ultimate goal is simply to give your attention fully to what you're doing."

The great thing about mindfulness is that it does not require years to

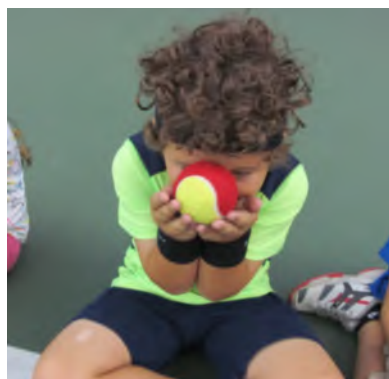
Mindful Tennis



"We shall not cease from exploration and the end of all our exploring will be to arrive where we started and know the place for the first time..."
T.S. Eliot

develop, advanced athletic skills or having your own personal guru. In some instances it is as simple as giving yourself an appropriate challenge (or focus) and then working towards meeting that challenge. Any level of player, from beginner to advanced, can benefit from being more mindful about their tennis game. And mindfulness is a transferable skill, it works at all levels.

"Watch the Ball"



The most basic mindful focus in tennis is the age-old mantra "watch the ball." But what does this really mean? Of course, in order to play we must be watching the ball. However, being mindful of the ball means being aware of the constantly changing details of the moving ball. It means you are aware of the speed and spin and trajectory of the ball. It means that you are aware of what part of the ball you are trying to hit. To be sure, we already have some degree of awareness of the ball. However, how often have you hit better, simply by reminding yourself to "watch the ball."

A tip for remembering to watch the ball is to make it a part of your point preparation. When you are getting ready to receive the serve remind yourself to watch the ball from the moment it is tossed up. When you are serving, take the time to see the ball when you toss it up. Focus on the seams or the writing printed on the ball. Staying focused on the ball as the rally develops can be challenging as there are so many variables affecting the ball. Having controlled, practice rallies where all you do is focus on the ball will help to develop this elusive yet essential skill.

The challenge then becomes how consistently

you can keep this increased focus given the randomness of tennis. If this sounds a bit daunting, remember that you don't need to have this hyper-focus all the time. Your focus will change (relax) in between points.

“Bend Your Knees”



The second most repeated coaching cliché is “bend your knees.” To me, what this specific directive represents is an overall greater awareness of what your body is doing. Everything from holding your racquet (grip) to your preparation (unit turn) to the path, angle and speed of your racquet (P.A.S.) requires a degree of mindfulness. This is known as process awareness, or understanding and being aware of the processes that come together to create the shot you are trying to hit. Lessons are a helpful way to get a handle on the many processes that make up the game of tennis.

The other end of process awareness is outcome awareness. Outcome awareness is an awareness of the result of your actions or processes. The better you are at objectively assessing your outcomes the better you can be at adjusting your processes. For example, if you've missed your serve is the ball going into the net or going long (outcome)? Did you miss it because of a poor toss or because your timing or contact point was off (process)? When you hit your forehand, is the ball following the trajectory you intended to the target you intended (outcome)? Did you control the path, angle and speed of the racquet (process)?

It is always helpful to have specific targets or objectives in mind in order to help with measuring how close you are coming to achieving your desired outcomes.

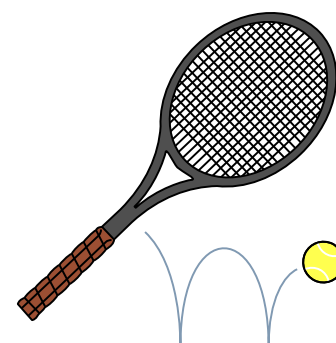
“The trees and the forest”

NADAL		4-6 4-6 6-4	DJKOVIC	
2	ACES	0	1	
1	DOUBLE FAULTS	1	1	
71	1st SERVE IN %	74	67	
67	1st SERVE PTS WON %	67	50	
25	2nd SERVE PTS WON %	50	26	
15	WINNERS	26	32	
22	UNFORCED ERRORS	32	10/16	
9/10	NET POINTS WON	10/16	4/11	
2/3	BREAK POINTS WON	4/11		

Still another area of mindfulness is awareness of patterns or trends. The

statistics we see during TV broadcasts of tennis matches (i.e. first serve percentage, winners, unforced errors, etc) show these trends. Because we don't have a team of statisticians reporting back to us on our tennis games, we have to be aware ourselves of what trends are happening. Are you repeatedly making the same error? Are you aware of this and are you mindful of how to correct it?

Tennis is a challenging sport that requires various types and degrees of attention. It is the epitome of multi-tasking as you need to coordinate various perceptions and skills to be “at the right place at the right time with the right technique” in order to get some degree of control at whatever level you are at. Being mindful of the many aspects that make up the game should accelerate your improvement. A coach can help you be more mindful about your tennis.



Club Championships Results



Girls

Sarah Helsby, Jayne Bartels (Champion)
Yeleni Castillo Garcia (Finalist), Ivana Milisic



Boys

Field Westbroek (Champion), Gary Winter (Head Pro)
Ryan MacLean (Finalist)



Women's Singles

Martha D'Agostino (Finalist)
Kenzie Arnott (Champion)



Men's Singles

Nachiket Yardi (Champion)
Filbert Nghiem (Finalist)

Singles



Women's Singles 'B'

Lisa Hoffman (Champion)
Ying Liu (Finalist)



Men's Singles 'B'

Rick Zilinskas (Finalist)
Alex Costea (Champion)

Club Championships Results



Women's Doubles Champions
Suzanne Edwards & Martha D'Agostino (centre)

Finalists
Mary Ruehlicke & Lisa Hoffman



Men's Doubles Champions
Nachiket Yardi and Alex Sahu

Finalists
Filbert Nghiem & Steven Nieboer

Doubles



Men's Doubles 'B' Champions
Frank Bonet & Rainer Langermann

'B' Finalists
Dave Buchanan & Chris Batchelor



Mixed Doubles Champions
Nachiket Yardi and Martha D'Agostino

Finalists
Lisa Hoffman & Steven Nieboer



Mixed Doubles 'B' Champions
Filbert Nghiem & Helen McArdle

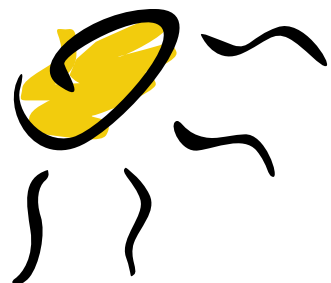
'B' Finalists
Dave Buchanan & Mary Ruehlicke

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SUMMER ACTIVITIES



Opening Day



Three generations enjoying the game!



Wimbledon Wooden Racquets Mixer



Women's Invitational Tournament & Dinner



Women's Invitational Tournament Winners

Summer Scenes



Enjoying the balcony



Tim Penner, RMT loosening tight muscles



Junior Tournament participants and their proud parents



Ladies enjoying the last match
on the outdoor courts



Many thanks to the club members who came
out to do the Fall Cleanup

Inter-City League

During the summer, several of our club members competed against three other area clubs, Victoria Park, Northfield and Westmount in an InterCity League. The Waterloo Tennis Club ended the season in first place! Congrats to all the players: **Martha D'Agostino, Doris Ernst, Lisa Hoffman, Kathleen Janzen, Helen McArdle, Joanne Raymond and Susan Yagi.**

Inter-Urban Report

Heartiest congratulations to WTC's 2014 Inter Urban teams. This year in Inter Urban league play, our Division 1 and Division 2 teams won their division titles and are the 2014 IU Champions. Waterloo's Div 1 placed second in regular season play behind Northfield 1 and our Div 2 team was first in the regular season. Our Division 2 team was also defending their title as champions having won their division last year.

The Div 1 playoff final between Waterloo 1 and Northfield 1 was a nail-biting affair for supporters of both clubs as the teams were tied 8-8 after the first match of the home and away series played at Waterloo. It was the final match at Northfield that Waterloo pulled away for a 10-6 win. Spectators were treated to a high standard of tennis. Div 2 had an easier time against finalist Royal City but it was as happy and satisfying as Div 1's win because it meant we captured both Division titles.

Our unprecedented success this year in the Inter Urban league competition was due to the addition of several young and accomplished players to the Div 1 team, ably supported by the regular stalwarts. Thank you to all the team members for representing the club so well and for being accommodating as the rainy weather tried everyone's patience. Many thanks to those of you who offered advice and support and special thanks to co-captain, Magnuss Forstmanis for his assistance.

Women:

Pat Babcock
Jen Vasic
Suzanne Edwards
Mary Ruehlicke
Lisa Hoffman
Martha D'Agostino
Shirley Fenton
Nancy Lee-Ledgley
Rosemary Erb
Helen Zhu
Ying Liu
Sandra Dynka
Marija Milic
Helen McArdle
Adrienne Zoe
Pat Craton

Men:

Alex Sahu
Alex Costea
Andrew Gillard
Bao Lam
Chris Edwards
Frank Bonet
Filbert Nghiemi
John Ferland
Kelvin Hui
Tony Pimenoff
Nachiket Yardi
Dave Buchanan
Tom Dynka
Nick White
Sang Luong
Steve Nieboer
Magnuss Forstmanis

*Submitted by Pat Craton
WTC IU Captain.*



Guido Weber (left) & partner Horst Dammholz

Seven club members competed in Nationals in August. **Joan Bradich, John Murray, Dave Rowat, Pat Babcock, Guido Weber, Gary Winter, Ed Twardus.** John won the Consolation Finals of the over 45. Guido was the finalist in the singles of the over 75 and won the doubles with his partner, Horst Dammholz.



Junior member, Sava (third from left) won the U8 Provincials



Ryan MacLean won the Under 16 Boys Singles (OTA two star) tournament at the Milton Tennis Club in September. Ryan was unseeded and he defeated three seeded players on his way to the victory. These included the number two seed in the semis (6-1, 6-1) and the number one seed (a player who is ranked considerably higher than Ryan) in the finals (7-5, 7-5).

Club Members compete around the province and the world



Joan Bradich (third from left)

Canada's over-80 women's team continued to assert its dominance in the Doris Hart Cup competition at the ITF Super Seniors World Team Championships in Antalya, Turkey on Saturday, as Rosemarie Asch, Muffie Grieve, Joyce Cutts, and Joan Bradich teamed up to defeat France 2-1 and claim their fourth straight world title.



Robert Rotaru, one of our coaches, competed in ten tournaments over the summer and won eight of them.

Upcoming Events

Halloween Junior Round Robin



**Sunday October 26th
4 - 6 pm**

Come dressed in your costume!

Juniors will be paired up into doubles teams and play a number of matches during this round robin.

Afterwards there will be pizza and candy served upstairs.

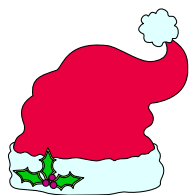
Signup at the front desk.

PRO-AM MIXER

Come on out on Friday Nov 21st to test your skill against our club pros! Afterwards, beer, wine, and delicious appetizers will be served in the club lounge.



Kye Allen, Gary Winter,
Manuel Castillo & Mike Ratcliff
(missing Robert Rotaru)



WTC Christmas Brunch & Mixer Dec 14th - 11:30 am

On Sunday, December 14th, the WTC will once again host a free Holiday Brunch for members in the Helen Nethercott Lounge. Fifty members will have the chance to enjoy a fabulous spread prepared by the WTC Social committee.

The event gives members a chance to socialize with their fellow players and meet new friends from the club.

Space is limited so please sign up for the brunch on the club bulletin board.

Following the brunch there will be a tennis mixer to work off the delicious meal we just shared.



Waterloo Warriors

A team with affiliation to the WTC that enjoyed success recently was the University of Waterloo men's varsity tennis team. The Warriors finished in second place at the season-ending Ontario Universities Athletics Championships which were hosted by University of Western Ontario the weekend of Oct 3-5th.



At the end of the final day of competition, the Warriors were tied with Montreal for second place but were given the nod over the Carabins based on head to head wins. Earlier, Warriors no. 1 Vincent Chan and No. 3 John Chan won their flights against their Montreal opponents. Vincent and John also won the doubles gold medal, defeating their Toronto opponents in a high quality match that featured power off the ground and lightning quick exchanges at the net. Both Chans were defending their doubles title having won it last year as well.

It was an exciting finish to a physically taxing season for the Warriors. They were in fourth place at the end of the regular season; however, all but one of the regular season matches were played with at least one of their top players not available so with the full team participating in the Championships, the Warriors were justifiably optimistic of their chances of doing well. This year's results surpassed last year's third place finish and equalled its previous best performance in 2009 when the Warriors last had a second place finish.

The winners of the OUA men's team title was Western and York for the women. These teams also came out tops in the regular season and will be representing the OUA conference at the National Universities Championships next year.

This 2014-15 season was the end of a highly successful varsity career for the Warriors no. 1 Vincent Chan. Of the five years as a Warrior, he made it to the singles finals every year, winning three of the five. In doubles, he won four years of the five years - twice with Nachiket Yardi (this year's WTC singles, doubles and mixed doubles champion), who graduated earlier this year, and the last two years with John Chan. Vincent had been selected to the OUA All Star team every year. He was named OUA Athlete of the week following this year's Championships.

The women performed creditably but none managed a win against their Western opponents and were eliminated after the first round of singles and doubles. They tied for sixth place out of eight schools. The Warriors, men and women, are coached by WTC's own club members Steven Nieboer and Pat Craton. Congratulations to the Waterloo Warriors from the Waterloo Tennis club community.

Submitted by Pat Craton

Head Coach

University of Waterloo Varsity Tennis Teams

Junior News



Ryan MacLean on centre court



Gilbert handing Milos Raonic his towel.

Two of our junior members, Gilbert Nghiem and Ryan MacLean got some TV exposure on centre court at the Rogers Cup as part of the talented ball crew. This was Ryan's first year and he was thrilled that he got to sing Happy Birthday to Roger Federer.

Preparing the next generation of Canadian tennis players.



Member Ned Lazoja watches as his daughter Aldiana practices her serve.

Junior News

Thank You

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for sponsoring the Waterloo Tennis Club's Summer Tennis Camps.

The WTC Summers Camps had more than 200 participants in week-long camps during July and August.

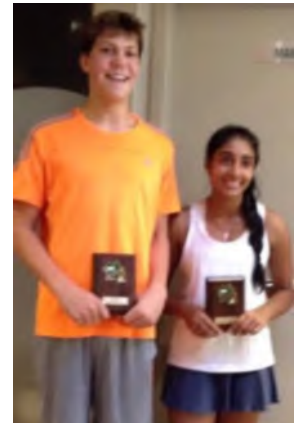
Thank you also to the Coaches: Kye, Manny, Filbert, Field and Gary and the volunteers who helped the coaches: Ryan, Nick, Victoria, Stephen, Jessie, Kristian, Daniel, Olivia and Terry



Regional high school tennis teams compete to play at Rexall Centre

The Central Western Ontario Senior Secondary Association (CWOSSA) Tennis Championships were recently held with many junior players who train and play at the Waterloo Tennis Club participating. Along with competing for the regional championships, the CWOSSA tournament determines which players qualify for the Ontario high school championships (OFSAA) held in June at the Rexall Centre. Congratulations to all the players who participated and represented their schools.

In Mixed Doubles **Aliyah Alli** and **Field Westbroek** (Cameron Heights) won the gold medal with **Jace Hui** and her partner **Owen Martin** (Waterloo) placing third and also qualifying for OFSAA.



Field & Aliyah

In Boys Singles, **Greg Krzysnik** (Grand River) won the silver medal. **Basil Leahy** (Cameron Heights) and **Nick Zwarych** (St. David's) played off for the fourth OFSAA qualifying spot with Basil winning a hard fought set 6-4.

In Boys Doubles, **Ryan MacLean** and **Sean Begy** (Resurrection) place third and qualified for OFSAA. **Iliar Lazoja** and his partner **Marko Martinovic** (Cameron Heights) placed fourth, also qualifying for OFSAA.

In Girls Doubles, **Christina Wang** and her partner Melanie Sauve (Waterloo Collegiate) won the silver medal and are going to OFSAA.

All of the above players also competed in the Waterloo County (WCSSAA) playdowns to qualify for CWOSSA. Greg Krzysnik won the Boys Singles. **Marija Milic** (Cameron Heights) won the Girls Singles. Aliyah Alli and Field Westbroek won the Mixed Doubles over Jace Hui and Owen Martin. Christina Wang and Melanie Sauve won the Girls Doubles. **Gilbert Nghiemi** and his partner from Waterloo Collegiate placed third in Boys Doubles.

In the District 8 playdowns for CWOSSA, Nick Zwarych (St. David's) placed first in Boys Singles. **Sarah Helsby** and **Jessie Bauer** (St. David's) won the Girls Doubles. Sean Begy and Ryan MacLean (Resurrection) won the Boys Doubles.

Submitted by Gary Winter

Waterloo Tennis Club set to celebrate 100 years!

2015 marks the 100th birthday for the Waterloo Tennis Club. The club has provided a unique opportunity for recreational and competitive tennis enthusiasts over the past 100 years. That is a long time and one must ask themselves what the secret to this longevity is about.

Our club has loyal and dedicated members who have supported us for many years. Many of our members were introduced to the game by their parents or grandparents and their love of the game will pass on to the next generation. The 70's was also a great time for tennis and many joined during that boom. The club was a social destination and many important friendships started here.

We have unique partnerships. We support tennis in the community through our affiliation with the University of Waterloo. The students have an active tennis club that use the hard courts during the school season. We are pleased to be the home court for the University of Waterloo tennis team. We also actively promote the game of tennis in the community by providing lessons to members of the public in the hope this will build the sport. The participation in our junior camps over the summer was really good and we look forward to seeing them join as adult members in the years to come.

As well, we are nestled in picturesque Waterloo Park and what could be better than playing tennis on our outdoor clay courts in a beautiful park with all the smells and sounds of summer?

No doubt, the club has undergone many changes over the years. The popularity of the game of tennis has had its ups and downs over the years as well. But, we have many great things going for our club and I look forward to many more years to come!

The WTC has many activities and events planned for the coming year to celebrate this very important milestone. The 100th Birthday committee will be busy planning a series of events to commemorate this occasion. If you have any suggestions for the committee please put them in the yellow suggestion box at the front desk. Stay tuned as the celebrations unfold.

Mary Ruehlicke
WTC 100th Birthday Committee

Blast from the Past

In 1964, the Waterloo Tennis Club ripped out the four red clay courts and installed six har-tru ones. Har-tru was a fairly new court surface, manufactured from a mixture of finely crushed rock and calcium, having the advantage of absorbing water quickly and giving better action during tennis play. Other renovations included new fencing, new lighting and the building of a seven-foot retaining wall between the upper and middle level of courts. Two additional purchases completed the overhaul; bleachers to seat 500 at the exhibition court 3, and swings and a sand box for the young children who accompanied their parents to the courts.

(excerpt from *A History of the Waterloo Tennis Club* by Mary Elizabeth Hearn)



Construction of Court 1 & 2

Improving your game

LESSONS

The Club offers lessons to its members at competitive prices. Take advantage of this to improve your game. Coaches Gary Winter, Mike Ratcliff, Manuel Castillo, Kye Allen and Robert Rotaru look forward to helping you take your game to the next level. You can book a private lesson or find some friends to join you to share the cost. Mike Ratcliff also offers group clinics on a weekly basis on Wednesday and Saturday mornings. The signup sheets for these are on the club bulletin board.

COACHING PRICES

Private Lesson - MEMBER	\$50.00
Package of 5 lessons (Save \$20)	\$230.00
Private Lesson - NON-MEMBER	\$60.00
Package of 5 lessons (Save \$35)	\$265.00
Semi-private (2 people) - MEMBER	\$27.00PP
Package of 5 lessons	\$125.00PP
Semi-private (2 people) - NON-MEMBER	\$32.00PP
Package of 5 lessons	\$150.00PP
Three Player clinic - MEMBER	\$18.50PP
Three Player clinic - NON-MEMBER	\$25.00PP
Four Player clinic - MEMBER	\$15.00PP
Four Player clinic - NON-MEMBER	\$20.00PP



NOVEMBER SPECIALS

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Wilson blade 98 and 104....reg \$219.	Now \$169. Includes stringing
Babolat pure drive GT.....reg \$229.	Now. \$139. Includes stringing
Large selection of women's tennis apparel on sale rack.	

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Winter Court Tennis Etiquette

- Wait until you hear the chime in the clubhouse before proceeding to the bubble to play.
- Once the buzzer goes off and your time is up, finish your point and then leave the court promptly so that the next group coming on have their full hour too. If no one comes on the court you can continue play until your game is finished. If you choose to continue playing for longer than an hour please stop by the front desk to pay for your extra time when you are done.
- Food is not allowed on the courts. Except for water containers, no drinks are allowed on the courts.
- Loud conversations, abusive language and outbursts of anger are not permitted. Please be considerate of the others playing on adjacent courts and remember that there may be children listening.
- Equipment such as nets, net posts, bubble walls, court surface, etc. must not be physically abused.
- Players must be considerate of the game in progress and therefore should not move between courts when play is in progress. Kindly ask for your ball to be returned when play on the court your ball has rolled onto has stopped. If they do not hear you, go across to get your ball once their point is over.
- Proper tennis shoes must be worn at all times. Boots or shoes with heels, bars, high ribbed soles, coarse treads, etc. are not permitted. Shoes with dark soles that will mark the indoor courts are not permitted. In the winter time, wet shoes may not be worn on court. Please leave your boots or wet shoes in the shoe racks in the lobby or in the change rooms and put on dry indoor shoes.

